



JOHN APPLE SWIM FUND
Supporting Swimmers. Accelerating Goals.

2018 NEWSLETTER

VOLUME 4 ■ JOHNAPPLESWIMFUND.ORG

As the John Apple Swim Fund wraps up its fifth year in operation, I'm overcome with a tremendous feeling of gratitude. Gratitude for our hard-working swimmers. Gratitude for the coaches and parents who sacrifice time and resources to help our young athletes succeed. Gratitude for everyone who has fueled our mission through donations and volunteering.

The Swim Fund started as a seedling of an idea. A way to honor my father, Coach Apple. In just five years, it has grown into a successful program that has awarded scholarships to eight remarkable swimmers.

And remarkable they are! These student-athletes are not only involved in a vigorous year-round sport, but they are often the top of their class. They participate in several extracurricular activities, volunteer, and even hold part-time jobs, all while being leaders among their peers. Our swimmers have taken on an abundant amount of responsibility at such a young age, and do it with grace and dedication. I'm blown away by their accomplishments, and I know Coach Apple would be very proud of them too.

With all this success, we now ask ourselves, how can we make an even bigger impact? How can we continue to support young leaders among our community? These are the questions our board has in mind as we continue to evaluate our program. So with a new year comes new ideas, and even a few changes.

Our first big change is our expansion of the John Apple Memorial Scholarship. This year we will be offering two \$1,000 scholarships, which will be awarded to one male and one female graduating senior.

In an effort to impact more USA swimmers, our next change will be to replace the \$500 John Apple Swimming Award with a confidential financial aid program. The Swim Fund has been set up to ensure that swimmers are able to stay committed to a sport they love. This program will help alleviate the financial burdens that many families face when participating in USA Swimming. More details on this program coming soon.

Our new initiatives bring a greater need to continue building the endowment fund. We started the endowment in 2015 and it has quickly grown to \$25,000. This investment matches our goal to award one of our scholarships for life! That's an awesome achievement that all of you were a part of. Just imagine the kind of impact we could make with a few more years and increased awareness!

I'm proud of our accomplishments thus far, so it's with a grateful heart that I thank you for your support of the John Apple Swim Fund. It is truly an honor to serve our swimming community, and to recognize the exceptional athletes who work hard every day. Let's keep our mission going!

Mindy Apple Ascosi

Getting to know our 2017 Scholarship Recipients



Erika Schell

John Apple Memorial Scholarship

Erika Schell is currently in her freshman year at Lebanon Valley College where she is majoring in Physical Therapy and a member of the women's swim team. She graduated from Donegal High School in 2017 where she was captain of the girls track & field, cross country and swim teams. She was a member of Elizabethtown Aquatic Club, a district and state qualifier for PIAA Swimming, Vice President of the Performing Arts Club, and a member of National Honor Society.

Best part about college swimming?

The best part about college swimming is the people. Swimming for LVC is like swimming with one huge family and we always know how to have a good time.

What are your favorite swimming events?

Right now my coach has me swimming a lot of butterfly, so my favorite events would be the 100 and 200 fly.

What are some of your goals for 2018?

My goal for swimming in 2018 is to perfect my breaststroke for swimming IM's. My goal for school in 2018 is to keep my grades up while being a student-athlete.

Any advice for high school students getting ready for college?

Do not stress out! Enjoy the small things in your life now and do not worry about the future, because everything will work out the way it is supposed to in the end.

What do you miss most about home?

The thing I miss the most about being home is baking whenever I want. I love to bake whenever I need a break from school. When you are in college you are only eating the cafeteria food or snack food, and I miss being able to eat home baked cookies fresh out of the oven.

What is your favorite food?

My favorite food is anything covered in chocolate, especially peanut butter.



Hailey Fry

John Apple Swimming Award

Hailey Fry is currently in her Sophomore year at Donegal High School and swims year-round for Elizabethtown Aquatic Club. She is a straight A student, a member of Donegal's Swim Team, and Orchestra.

Hailey's favorite swimming events are the 100 breaststroke, 200 free and 100 free!

What are some of your goals for 2018?

In 2018, I hope to swim more long course meets, as well as adjust to my new summer swim team. I also plan on looking into colleges in which I have hopes of swimming for, and joining the National Art Honors Society at my high school.

Any advice for club swimmers?

If you are ever nervous or get anxiety before a race, create a routine for yourself that will help you maintain a positive mindset before diving off the block. Always remember to take a deep breath and relax. This is a tip I found helpful from my coach and hope to pass on!

At what age did you start swimming competitively?

Around age 8.

What is your favorite vacation spot?

I love traveling to small and unique towns.

What is your favorite food?

BBQ Wings

2018 SCHOLARSHIPS

The John Apple Swim Fund will be awarding two scholarships this year to graduating seniors. Awards will go to one Male and one Female Lancaster County Swimmer. Application online:

johnappleswimfund.org/scholarships

John Apple Memorial Scholarship \$1,000

Available to swimmers in their senior year of high school who plan to pursue college swimming. Scholarships will be presented at our annual fundraiser on June 9, 2018.

>>> **Deadline: April 16, 2018**



The John Apple Swim Fund is working on a new FINANCIAL AID PROGRAM for USA Swimmers and their families. Information will be available next month.

SAVE
the
DATE

Apple Palooza

JUNE 9, 2018

Woodridge Swim Club—Lititz, PA

Interested in getting involved?

We are looking for event day sponsors and raffle donations.

Please contact Mindy Ascosi at mindy@johnappleswimfund.org.

Sponsorship Packages

Gold—\$500

Admission for 4, Media Recognition, Logo on JASF website and flyers, 1/2 page ad in program

Silver—\$250

Admission for 2, Media Recognition, Logo on JASF website, Company name listed in program.



Baby Pool Ducky Hunt



Acoustic set with Justin Angelo

APPLE PALOOZA 2017 RECAP

Last year marked our 5th annual fundraiser. It was an exciting day at Woodridge Swim Club as we celebrated our scholarship winners, participated in entertaining activities, and enjoyed food, music and good company.

We're grateful for our loyal supporters who return each year. A warm thank you to **Woodridge** for hosting, to our sponsors: **Lancaster Toyota, Lititz Family Chiropractic and Finch Jewelers**, and to all the volunteers and donors who contributed to the success of our event.

Get ready to join us on June 9th for our 6th annual Apple Palooza! Event Details:
johnappleswimfund.org

2017 Benefactors

Marathon (\$1000 to \$3000)

William & Catherine Goodrum
Skyline Swim Team

Long-Distance (\$500 to \$999)

Chris & Melissa Apple
Dommel Family
Five Star Swim Club

Middle-Distance (\$200 to \$499)

Debra Apple
Design & Integration
Dan & Linda Jennings
Lancaster Neuroscience &
Spine Associates

John & Louise Miller
Peter O'Dunne
George & Pam Speidel

Sprint (\$100 to \$199)

Abraham Family
Andrew & Mindy Ascosi
Leonard & Donna Ascosi
Mark Daum
Jesse & Justina Ellis
Kathy Evans
Michael Fish
Keith & Susan Lauderbach
Bob Lee & Maggie Knox-Lee
Arlen & Linda Greiner
Donald & Sharon Hines
John & Nancy Jenkins
Jeff & Mindy Lawrence

Michael Orstein
Flynn & Elizabeth Stewart-Severy
Jerry & Darla Swope
Daniel & Kathryn Tomanio
Doris Vorndran
Steven & Ava Waugh

Team (\$10 to \$99)

Jennifer Ascosi
Lisa Colino
Michael & Cathy Day
Louis Difelice
East Petersburg Swim Team
John & Debra Ehleiter
Ted & Bonnie Fitzgerald
Richard Frerichs
Robert Fryberger
Scott & Cheryl Garner

Michael & Gail Hauck
David & Judy Hoover
Jack & Deborah Horner
Kelly Jacobs
Chris & Heather Jenkins
Marcia Lefever
Daniel & Ann Mekeel
Robert & Donna Norris
James & Sally Oatman
Mark Olson & Janet Fischer
Bill Rogers
Joe & Joan Schram
Alfred & Rebecca Stamp
Judi Sturge
Dick & Marge Trout
Richard & Lucy Toriello
Barry Van Leer
Edward & Darlene Walton
Larry Warshawsky



JOHN APPLE SWIM FUND

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Millersville, PA 17551

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The John Apple Swim Fund was founded in memory of swim coach, John Apple. Visit our website for more information on the history of Coach Apple. Have a story about Apple that you'd like to share in the Remembering John section? Email us at info@johnappleswimfund.org.

MISSION STATEMENT

The John Apple Swim Fund encourages Lancaster County swimmers to pursue their dreams by awarding scholarships to those in need of financial support.

2018 CALENDAR

- January 23** Restaurant Fundraiser at Caruso's (Neffsville)
- April 16** Deadline, John Apple Memorial Scholarship Application
- June 9** Apple Palooza, Annual Fundraiser

MAKE A DONATION! Use the envelope inside this newsletter to send a check or donate online. The John Apple Swim Fund is an all-volunteer non-profit 501(c)(3) organization. All donations are tax deductible. 100% of every dollar goes directly to the expenses of meeting our mission.

CONTACT US

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