



JOHN APPLE SWIM FUND
Supporting Swimmers. Accelerating Goals.

2017 NEWSLETTER

VOLUME 3 ■ JOHNAPPLESWIMFUND.ORG


It would be impossible to look back on 2016 and not mention the Rio Olympic games. Did you ever think swimming could be so exciting? The games became my favorite reality show. They were emotional as we watched legendary Michael Phelps retire and become the most decorated athlete in history with 23 Olympic Titles. They were inspirational, as Simone Manuel became the first African-American woman to win an individual Gold in Olympic Swimming. They were thrilling as we watched young Katie Ledecky set records and win Gold left and right—*maybe the new Phelps in town?* We even walked away with a few lessons on swimming clean as well as damaging behavior outside the aquatic center. If anything, the 2016 Olympics became a year to remember. Shortly after, I watched a few interviews with Olympic swimmers. There was a common theme that ran through each message. Every swimmer thanked their support team—parents, families, coaches, trainers, teammates, friends. This was not an individual success. They needed their community in order to attain those great victories.

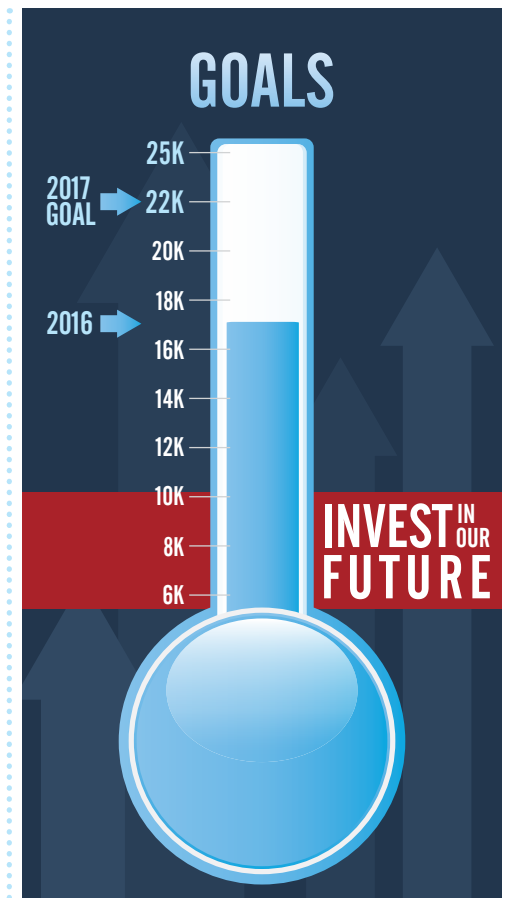
As a product of Lancaster County swimming, I like to think our community has a special uniqueness. There's a commonality, togetherness that Lancaster swimming has bestowed upon us. It's not uncommon for a swimmer to be on two or even three swim teams throughout the year giving them an opportunity to bond with swimmers, coaches and families across Lancaster. I remember at one time having established relationships with swimmers from every school district and their families becoming an extension of my own. What a cool testament to our county sport. At meets, we may be cheering for our own team, but at the end of the day we are really rooting for all our young athletes. And our young athletes have done a great job setting that example as well. I've seen it often—competitors laughing together, hugging and congratulating their opponent. And it's because we're a community. Whether we're a swimmer, a coach, an official or a parent, each one of us plays an important role in developing our community.

The John Apple Swim Fund is now a part of that community. We aim to reward the hard workers and help alleviate financial burdens that many families face. We want to encourage athletes to take part in our unique sport, which provides a healthy environment along with a positive support system.

Our gratitude goes out to all of our supporters who have allowed us to continue expanding our scholarship offerings. This year in addition to our \$1,000 Memorial Scholarship, the recipient of the John Apple Swimming Award will have the opportunity to receive a \$500 gift annually throughout their high school career.

We thank you for your faithful giving, involvement, and support. Each year we raise more money and each year we hope to offer bigger and better scholarships. We look forward to building a stronger community with you and your family and to a very fruitful 2017!


Mindy Apple Ascosi



Getting to know our 2016 Scholarship Recipients



JD Zellers

John Apple Swimming Award

JD Zellers is currently in his Freshman year at Solanco High School and swims year-round for Diplomat Swim Club. In addition to being a strong swimmer and student, JD plays football and lacrosse.

JD has a variety of favorite swimming events including the 200 breaststroke, 200 free and all 100 events!

What are some of your goals for 2017?

One of my goals is to do well in my freshman year of school.

Any advice for club swimmers?

My advice is to stay with it even though it might be tough at times. Also if your coaches want you to swim something you'd prefer not to—do it! It will probably be for the best. Listen to your coaches and push through the sets at practice. Try your hardest to make the intervals and if something does not feel right, ask your coaches.

How many siblings do you have?

I have one older brother named Zach.

What is your favorite movie?

My favorite movie is probably the bench warmers.

What is your favorite food?

The list of what I do not like is shorter. However, I do like snow crab legs. I also enjoy bruschetta.



Meghan Brubaker

John Apple Memorial Scholarship

Meghan Brubaker is currently in her freshman year at Juniata College where she is majoring in Marine Biology and minoring in Spanish. Meghan is also a member of the women's swim team. She graduated from Lampeter-Strasburg High School in 2016 where she was captain of the girls swim team. She was a member of Elizabethtown Aquatic Club, participated in orchestra, and continues to volunteer for several organizations such as the Special Olympics.

Best part about college swimming?

The team atmosphere is so much different from high school. Being that there are only 9 of us on the team this semester, we are all very close and have a special bond.

What are your favorite swimming events?

My favorite events are the 100 IM, 200 IM, and 200 free.

What are some of your goals for 2017?

I wish to drop time in all of the events that I swim at conference championships at the end of the season. Academically I want to continue my path of studying Marine Biology while adding research into my schedule.

Any advice for high school students getting ready for college?

Find a college that fits your personality. Be sure to visit and do an overnight if possible. As scary as it may seem, college will be one of the best experiences of your life.

How many siblings do you have?

I have 2 siblings—older sister, Heather and younger brother, Keith.

What do you miss most about home?

The food, and having more than a Walmart and Weis to shop at.

What is your favorite food?

Peanut M&M's (especially the blue ones).

2017 SCHOLARSHIPS

The John Apple Swim Fund will be awarding two scholarships this year. Both are available to Lancaster County Swimmers.

johnappleswimfund.org/scholarships

John Apple Swimming Award, \$500

Available to swimmers in 9th–12th grade who are committed to joining a U.S. club team. Scholarship recipient will have an opportunity to receive \$500 annually throughout high school. Rules Apply.

>>> **Deadline: May 23, 2017**

John Apple Memorial Scholarship, \$1,000

Available to swimmers in their senior year of high school who plan to pursue college swimming.

>>> **Deadline: April 18, 2017**



APPLE PALOOZA 2016 RECAP

We couldn't be more grateful for Woodridge Swim Club's hospitality and generosity in hosting Apple Palooza last year. It marked our 4th fundraiser and the first year weather wasn't a concern—and it was gorgeous! When you pair your event with the Woodridge Classic Swim Meet it's a guaranteed good weather day!

Our event flowed beautifully with live music by Ben Pierson in the Beer Garden, a duckie hunt and crafts for kids, great raffle prizes, an awards ceremony for our Scholarship winners, and once again the amusing family relays. DJ Backdraft, who donated his time, brought our event-filled day to a beat-filled end.

The Swim Fund would like to extend our gratitude to everyone who made our event a success: sponsors (Lancaster Toyota, Lititz Family Chiropractic and Finch Jewelers), attendees, vendors, donors and the hardworking staff at Woodridge. We couldn't do this without you!

Get ready to join us on June 10th for our 5th annual Apple Palooza! Event Details: johnappleswimfund.org

SAVE the DATE

APPLE PALOOZA 06.10.17

Woodridge Swim Club

50 W 7th Stet, Lititz PA 17543

Interested in getting involved? We are looking for event day volunteers and sponsors, in addition to raffle donations. Please contact Mindy Ascosi at mindy@johnappleswimfund.org.

Sponsorship Packages

Gold—\$500

Admission for 4, Media Recognition, Logo on JASF website, 1/2 page ad in program, Logo on flyers.

Silver—\$250

Admission for 2, Media Recognition, Logo on JASF website, Company name listed in program.

2016 Benefactors

Marathon (\$1000 to \$3000)

Skyline Swim Team

Long-Distance (\$500 to \$999)

Five Star Swim Club

Middle-Distance (\$200 to \$499)

Debra Apple
William & Catherine Goodrum
Dan & Linda Jennings
Lancaster Neuroscience &
Spine Associates
Steve Ludwig
George & Pam Speidel

Sprint (\$100 to \$199)

Abraham Family
Andrew & Mindy Ascosi
Leonard & Donna Ascosi
Peter & Allison Ascosi
Andrew & Lauren Beal
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Mark Daum
Jesse & Justina Ellis
Kathy Evans
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Jerry & Darla Swope
Daniel & Kathryn Tomanio
Universal Leaf Foundation
Doris Vorndran
Steven & Ava Waugh
Yun Perng Yang

Team (\$10 to \$99)

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Jack & Ann Fulton
Ryan & Amanda Funk
Michael & Gail Hauck
David & Judy Hoover
Jack & Deborah Horner
Kelly Jacobs
Fred Kinsey & Carol Thompson
Keith & Susan Lauderbach
Marcia Lefever
Leslie Lemonick
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Linda Valentino
Barry Van Leer
Larry Warshawsky



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487 Letort Road
Millersville, PA 17551

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JOHN APPLE SWIM FUND



The John Apple Swim Fund was founded in memory of swim coach, John Apple. Visit our website for more information on the history of coach Apple. Have a story about Apple that you'd like to share in the Remembering John section? Email us at info@johnappleswimfund.org.

MISSION STATEMENT

The John Apple Swim Fund encourages Lancaster County swimmers to pursue their dreams by awarding scholarships to those in need of financial support.

2017 CALENDAR

April 18 Deadline, John Apple Memorial Scholarship Application

May 23 Deadline, John Apple Swimming Award Application

June 10 Apple Palooza, Annual Fundraiser

MAKE A DONATION! Use the envelope inside this newsletter to send a check or donate online. The John Apple Swim Fund is an all-volunteer non-profit 501(c)(3) organization. All donations are tax deductible. 100% of every dollar goes directly to the expenses of meeting our mission.

CONTACT US

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www.johnappleswimfund.org